

# HERITAGE

## PARK & RECREATION CENTER



THE HEART OF THE NEIGHBORHOOD

Joanne Stout, Recreation Supervisor I • Carmel Wilson, Recreation Supervisor II • 1381 East Palomar St. • (619) 421 - 7032  
Monday - Thursday: 2 - 8 pm • Friday: 2 - 7 pm • Saturday: 12 - 4 pm • Sunday: Closed

CAMPS	CODE#	AGES	INSTRUCTOR	DAY	TIME	RES/NON-RES
Summer Camp - Session 1, June 9-11 (3 days)	9100.301	6 - 12	Staff	Wed - Fri	8:30am-4:30pm	\$84/ \$105
Summer Camp - Session 2, June 14-18	9100.302	6 - 12	Staff	Mon - Fri	8:30am-4:30pm	\$140/ \$175
Summer Camp - Session 3, June 21-25	9100.303	6 - 12	Staff	Mon - Fri	8:30am-4:30pm	\$140/ \$175
Summer Camp - Session 4, June 28- July 2	9100.304	6 - 12	Staff	Mon - Fri	8:30am-4:30pm	\$140/ \$175
Summer Camp - Session 5, July 6-9, no camp July 5	9100.305	6 - 12	Staff	Tue - Fri	8:30am-4:30pm	\$112/ \$140
Summer Camp - Session 6, July 12-16	9100.306	6 - 12	Staff	Mon - Fri	8:30am-4:30pm	\$140/ \$175
Summer Camp AM Care - Session 1, June 9-11	9101.301	6 - 12	Staff	Wed - Fri	7:30-8:30am	\$6 / \$8
Summer Camp AM Care - Session 2, June 14-18	9101.302	6 - 12	Staff	Mon - Fri	7:30-8:30am	\$10 / \$13
Summer Camp AM Care - Session 3, June 21-25	9101.303	6 - 12	Staff	Mon - Fri	7:30-8:30am	\$10 / \$13
Summer Camp AM Care - Session 4, June 28 - July 2	9101.304	6 - 12	Staff	Mon - Fri	7:30-8:30am	\$10 / \$13
Summer Camp AM Care - Session 5, July 6-9	9101.305	6 - 12	Staff	Mon - Fri	7:30-8:30am	\$8 / \$10
Summer Camp AMCare - Session 6, July 12-16	9101.306	6 - 12	Staff	Mon - Fri	7:30-8:30am	\$10 / \$13
CREATIVE	CODE#	AGES	INSTRUCTOR	DAY	TIME	RES/NON-RES
Drawing for Little Painters	3085.302	6 - 13	O. Alvarado	Thurs	4-5 pm	\$45 / \$56 *
Drawing Studio - July 17 - August 28	3155.302	10 - 15	L. Villasenor-Isabelle	Sat	10:30-11:30 am	\$98 / \$121 *
Fine Arts Painting - July 17 - August 28	3155.301	10 - 15	L. Villasenor-Isabelle	Sat	9-10 am	\$98 / \$121 *
Painting for Children	3085.301	6 - 13	O. Alvarado	Thurs	5:15-6:15 pm	\$50 / \$62 *
DANCE	CODE#	AGES	INSTRUCTOR	DAY	TIME	RES/NON-RES
Autism Movement Therapy - NEW	3325.301	3 - 12	A. Jankowski	Mon	6-7 pm	\$86 / \$102
Autism Movement Therapy - NEW	3325.302	12+	A. Jankowski	Mon	7-8 pm	\$86 / \$102
Ballet - Level 1	1230.301	4 - 6	C. Perez and Staff	Fri	5:45-6:15 pm	\$35 / \$42
Beginning Polynesian Dance	1280.301	6 - 12	J. Laird	Wed	6-6:45 pm	\$30/ \$36
Belly Dancing	1540.301	13+	D. Aragon-Weisner	Tue	6-6:50 pm	\$59 / \$73
Cheer/Dance Combo	1340.301	6 - 12	C. Quinn	Tue	5-5:50 pm	\$40 / \$49
Hawaiian and Tahitian Dance	1281.301	13+	J. Laird	Wed	7-7:45 pm	\$30 / \$36
Sing and Dance Pop Stars	1340.302	5 - 9	C. Quinn	Tue	4-4:50 pm	\$40 / \$49
ENRICHMENT	CODE#	AGES	INSTRUCTOR	DAY	TIME	RES/NON-RES
Etiquette	3315.301	8+	E. Gonzalez	Thurs	6:45-7:45 pm	\$76/ \$94 *
Summer Makeover Class - NEW	3315.302	15+	E. Gonzalez	Mon	6-7 pm	\$86 / \$102 *
PERFORMING ARTS	CODE#	AGES	INSTRUCTOR	DAY	TIME	RES/NON-RES
Beginning Guitar - NEW July 12 - August 16	1560.301	6-12	T. Jackson	Mon	4-4:50 pm	\$61 / \$75
Beginning Guitar - NEW July 12 - August 16	1560.302	6-12	T. Jackson	Mon	5-5:50 pm	\$61 / \$75
Intermediate Keyboard	1580.303	6 - 12	T. Jackson	Wed	4-4:50 pm	\$80 / \$98
Introduction to Keyboard	1580.301	6 - 9	T. Jackson	Tue	4-4:50 pm	\$80 / \$98
Introduction to Keyboard	1580.302	10 - 12	T. Jackson	Tue	5-5:50 pm	\$80 / \$98
Little Voices	1520.301	5 - 12	T. Minor	Thur	4:30-5:30 pm	\$56 / \$69

Musical Theatre 2111.301 6 - 12 T. Minor Thurs 5:30-6:30 pm \$78 / \$96

PHYSICAL FITNESS	CODE#	AGES	INSTRUCTOR	DAY	TIME	RES/NON-RES
100 Miles at Heritage	n/a	5+	n/a	n/a	n/a	Free
Cardio Box	4114.301	15+	S. Fitch	Tue	7-7:50 pm	\$30 / \$36
Yoga	4010.301	18+	Y. Rodriguez	Mon	9-10 am	\$30/ \$36
Yoga - Daily Class Fee	4010.302	18+	Y. Rodriguez	Mon	9-10 am	\$5 / \$7

PRESCHOOL	CODE#	AGES	INSTRUCTOR	DAY	TIME	RES/NON-RES
Babies Boogie	0232.301	8 - 24 months	C. Zuniga	Fri	9-9:45 am	\$86 / \$102
Babies Boogie - Free Demo Class!	sign-up at Heritage Front Desk	8 - 24 months	C. Zuniga	Friday, June 25	9-9:45 am	FREE
Bumble Bee Sports - July 23 - August 28	0150.301	2 - 5	Staff	Fri/Sat	Fri 4-4:45pm, Sat 10-10:45am	\$58 / \$73
Fun with Letters, Numbers, and More!	0065.301	3 - 4	L. Ramirez	Mon/Wed	10:30-11:30 am	\$86 / \$102
Kreative Wonders - July 14 - August 11	0055.301	2.5 - 3.5	C. Paseman	Wed	9:45-10:25 am	\$38 / \$46
Kreative Wonders - July 14 - August 11	0050.301	18 months - 2.5	C. Paseman	Wed	9-9:40 am	\$38 / \$46
Kreative Wonders - July 16 - August 13	0055.302	2.5 - 3.5	C. Paseman	Fri	9:45-10:25 am	\$38 / \$46
Kreative Wonders - July 16 - August 13	0050.302	18 months - 2.5	C. Paseman	Fri	9-9:40 am	\$38 / \$46
Kreative Wonders - July 16 - August 13	0060.301	3.5 - 5	C. Paseman	Fri	10:30-11:10 am	\$38 / \$46
Kreative Wonders - July 17 - August 14	0055.303	2.5 - 3.5	C. Paseman	Sat	9:45-10:25 am	\$38 / \$46
Kreative Wonders - July 17 - August 14	0050.303	18 months - 2.5	C. Paseman	Sat	9-9:40 am	\$38 / \$46
Kreative Wonders - July 17 - August 14	0060.302	3.5 - 5	C. Paseman	Sat	10:30-11:10 am	\$38 / \$46
Preschool Ballet	0110.301	3 - 4	C. Perez and Staff	Fri	5:15-5:45 pm	\$30 / \$36
Preschool Ballet and Tap	0201.301	3 - 5	C. Perez and Staff	Fri	4:15-4:45 pm	\$30 / \$36
Preschool Hip Hop	0200.301	3 - 5	C. Perez and Staff	Fri	4:45-5:15 pm	\$30 / \$36
Preschool Music and Creative Movement	0135.301	2 - 4	C. Quinn	Tue	11:15-11:50 am	\$35 / \$39
Sticky Fingers - July 8 - August 12	0045.301	3 - 5	C. Zuniga	Thurs	9:45-10:15 am	\$66 / \$81
Sticky Fingers - July 8 - August 12	0040.301	18 months - 2	C. Zuniga	Thurs	9-9:30 am	\$66 / \$81
Toddlers' Tango	0230.301	2 - 5	C. Zuniga	Fri	10-10:45 am	\$86 / \$102
Toddlers' Tango - Free Demo Class!	sign-up at Heritage Front Desk	2 - 5	C. Zuniga	Friday, June 25	10-10:45 am	FREE
Tumbling - Session 1 - July 8 - August 5	4085.301	3 - 5	J. Jensen	Thurs	10-10:45 am	\$36 / \$44
Tumbling - Session 1 - July 8 - August 5	4085.303	3 - 5	J. Jensen	Thurs	11-11:45 am	\$36 / \$44
Tumbling - Session 2 - August 12 - September 9	4085.304	3 - 5	J. Jensen	Thurs	11-11:45 am	\$36 / \$44
Tumbling - Session 2 - August 12 - September 9	4085.302	3 - 5	J. Jensen	Thurs	10-10:45 am	\$36 / \$44
Tumbling with Mommy and Me - Session 1 - 7/8 - 8/5	4080.301	2 - 3	J. Jensen	Thurs	9-9:45 am	\$36 / \$44
Tumbling with Mommy and Me - Session 2 - 8/12-9/9	4080.302	2 - 3	J. Jensen	Thurs	9-9:45 am	\$36 / \$44
SPORTS	CODE#	AGES	INSTRUCTOR	DAY	TIME	RES/NON-RES
Get Back to Play - July 21 - August 25	9102.302	5 - 10	Staff	Wed	4-4:45 pm	Free
Intro to Soccer - July 19 - August 23	4310.301	5 - 10	Staff	Mon	4-4:50 pm	\$27 / \$34

\* Additional materials fee for the course.

